

BABYCCINO PARENT NEWSLETTER

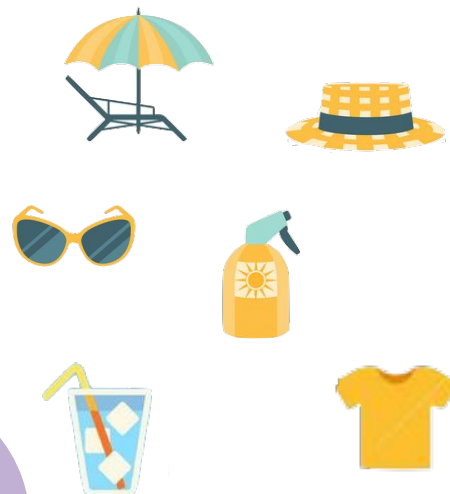
GETTING WET & WILD WHILE STAYING SUN SAFE!

As summer comes near and the Babyccino families begin to go on holidays, it is important for us to be water aware and sun safe when swimming in at the beach! Babyccino was lucky enough to have a lifeguard come in and teach us about how they keep us safe and how we can follow rules when at the beach.



HOW TO STAY SUN SAFE

We also had turns at demonstrating the different things we need to protect us from the sun such as sun glasses, an umbrella, a hat, sun-screen, a shirt and water.



When the lifeguard came to teach us about beach and sun safety we learnt about the different signs and when what mean to keep us safe.

During arts and craft, we used the colours red and yellow to remind us that we always need to look out for the flags so it's safe for us to swim.

The water can be very dangerous, so we now know that we have to swim between the flags at all times go avoid being caught in rips and big waves.

We learnt that if we are ever stung by a bluebottle or sealice, we can go to the lifeguard tower and they can put warm water on it and also give us cream.

We were told what to do if we ever need help in the water. We yell "HELP" and wave our arms around.

The lifeguard told us that if we are ever lost at the beach, to look out for a lifeguard and ask for their help to find our parents.



HOW TO STAY WATER AWARE

